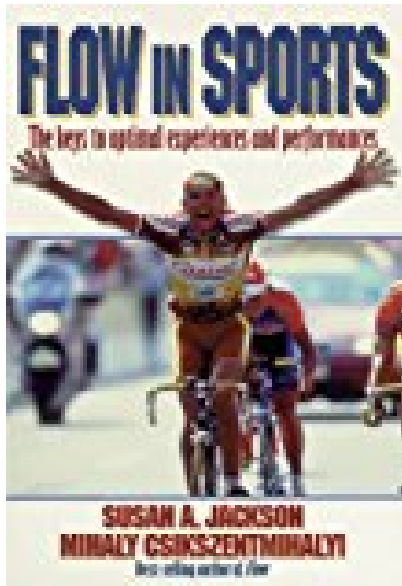


Flow in Sports The keys to optimal experiences and performances



BOOK DETAILS

- Author : Susan Jackson
- Pages : 192 Pages
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BOOK SYNOPSIS

Describes how athletes reach a high level of performance in which they feel perfectly attuned toward their sport

FLOW IN SPORTS THE KEYS TO OPTIMAL EXPERIENCES AND PERFORMANCES

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