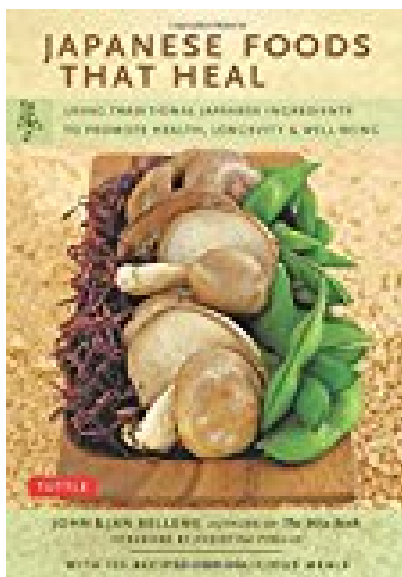


# Japanese Foods That Heal Using Traditional Japanese Ingredients to Promote Health Longevity & Well- Being with 125 recipes

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